



REPRODUCTIVE AND SEXUAL HEALTH
PROGRAMME FOR KENYAN TEENAGERS
(RESPEKT)
CONCEPT NOTE

RESPEKT

Reproductive & Sexual Health
Programme for Kenyan Teenagers



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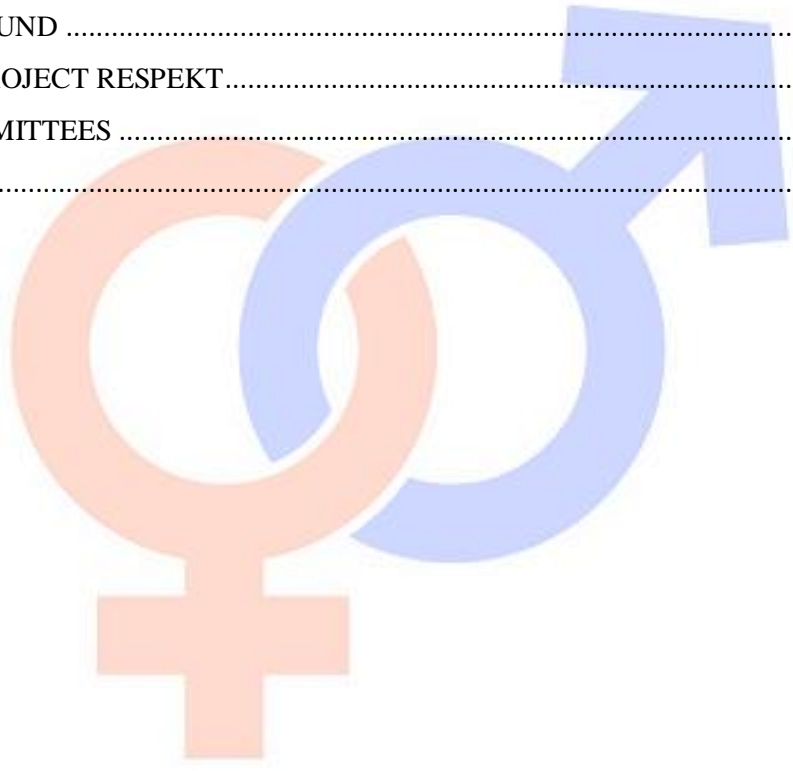
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RESPEKT

Reproductive & Sexual Health
Programme for Kenyan Teenagers

INTRODUCTION

Reproductive and Sexual Health Programme among Kenyan Teenagers (RESPEKT) is a youth-led initiative run by Medical students in Kenya and the International Medical Cooperation Committee (IMCC), a Danish voluntary organization that carries out health promotion in and out of Denmark.

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This project was initiated in 2015 as collaboration between the two parties with the aim of engaging Medical students in Kenya to train teenagers between 13-19 years on Comprehensive Sexual Education. Through this programme, we hope to develop an adaptable, sustainable and evidence based reproductive health curriculum for use in the Kenyan education system.

PROJECT BACKGROUND

Project RESPEKT seeks to contribute to the voice of change by working with key stakeholders in health and education. The end result is a cohort of teenagers that will act as catalysts in establishing a palatable, sustainable and adaptable curriculum on Reproductive Health for Kenyan Teenagers.

Volunteerism and capacity building are core values of the project. All activities, both managerial and departmental (including series coordination of workshops targeting secondary schools across the country, applying a rights based approach to combat the harmful cultural practices, gender based violence, and myths and misconceptions on Sexual and Reproductive Health and Rights) are run by the medical student volunteers. Additional activities include essay competitions among high school students, participation in community town hall meetings, social media sensitization and research work. The team will also host an international sexual and reproductive health conference at the end of the three years.

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OBJECTIVES FOR PROJECT RESPEKT

The overall objectives are to:-

- Encourage critical self-reflection on the differences between being a young boy or girl in Kenya today
- Provide knowledge on the availability of local health care services that can provide the youth with health care services
- Create safe spaces where the youth can discuss sexual and reproductive health issues without fear of discrimination or embarrassment
- Empower the targeted youth to be aware of and defend their human rights to health as propagated in the Sustainable Development Goals.

RESPEKT SUB-COMMITTEES

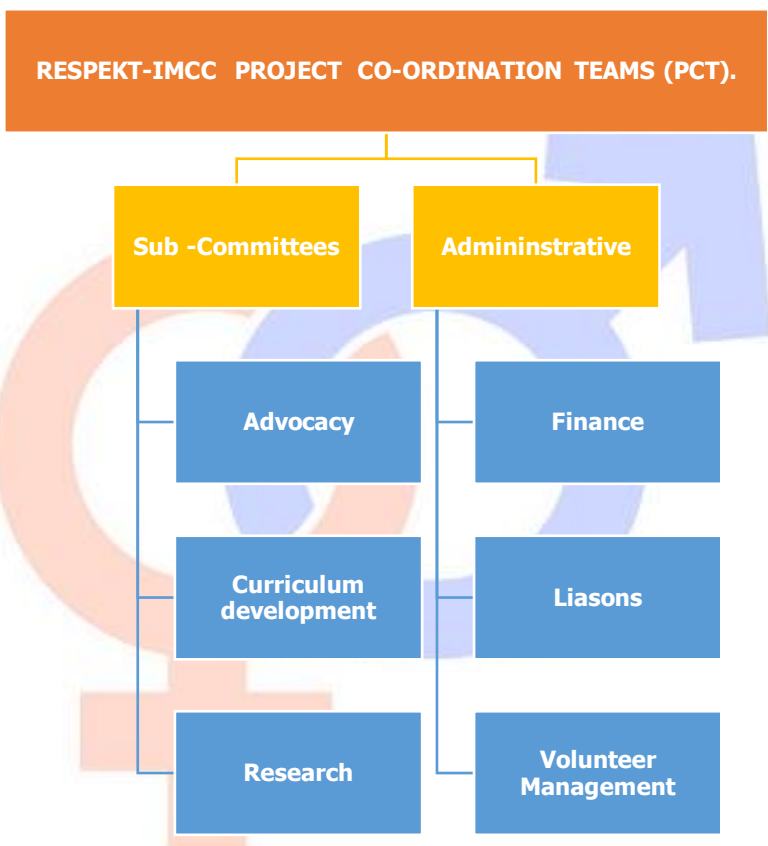
Advocacy Committee: Seeks to raise awareness on project RESPEKT as well as the knowledge gap with regards to Sexual and Reproductive Health and create a pool of stakeholders that act as mentors and channels through which the project can be used to create more impact,

Curriculum Development Committee: Tasked with running a need assessment check on Sexual and Reproductive Health issues in the different regions. They would then actively engage key stakeholders, to develop a curriculum fit to: train Medical student volunteers (Training of Trainers), train teenagers in schools and train a cohort of teenagers that will serve as peer educators. The curriculum will be sent to the Ministry of Education after testing for adoption.

Research Committee: Serves as the backbone of the project with the aim of identifying the knowledge gap in Sexual and Reproductive Health through a comprehensive study on The Knowledge Attitude and Practices towards Comprehensive Sexual Education in Kenyan High Schools.

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ORGANOGRAM



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